## Sister Mantra

There is nothing too hard for God. I am a daughter of the King. God has great plans for me! I will make every effort to live as a Christian should.

I will strive to inspire and encourage my sisters to do the same.

## WOMEN OF THE BIBLE ABIGAIL

Through Thick And Thin: A Wise Wife

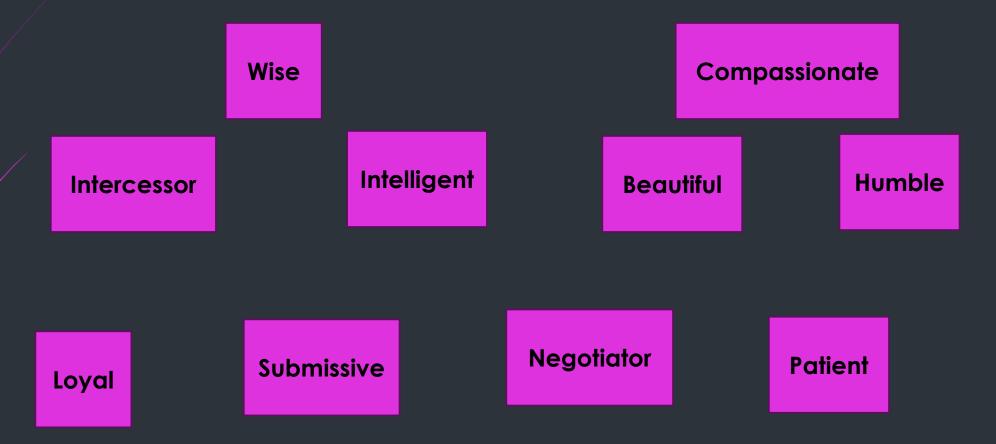
## Question...

How would you react if a situation occurred that was not your fault, but you were in the place to make peace or fix it?

## Facts About ABIGAIL

She was married to Nabal.
She was intelligent and beautiful.
She was a good wife despite her circumstances.
She was married to David

## Words that Describe Abigail



### I Samuel 25:3

Abigail was intelligent and beautiful

<sup>3</sup>His name was Nabal and his wife's name was Abigail. She was an intelligent and beautiful woman, but her husband was surly and mean in his dealings—he was a Calebite.

### I Samuel 25:10-11

#### The interaction between Nabal & David's men

10 Nabal answered David's servants, "Who is this David? Who is this son of Jesse? Many servants are breaking away from their masters these days. 11 Why should I take my bread and water, and the meat I have slaughtered for my shearers, and give it to men coming from who knows where?"

### I Samuel 25:14-17

#### The servants go and tell Abigail

14 One of the servants told Abigail, Nabal's wife, "David sent messengers from the wilderness to give our master his greetings, but he hurled insults at them. 15 Yet these men were very good to us. They did not mistreat us, and the whole time we were out in the fields near them nothing was missing. 16 Night and day they were a wall around us the whole time we were herding our sheep near them. 17 Now think it over and see what you can do, because disaster is hanging over our master and his whole household. He is such a wicked man that no one can talk to him."

### I Samuel 25:18-19

Abigail acts quickly

18 Abigail acted quickly. She took two hundred loaves of bread, two skins of wine, five dressed sheep, five seahs of roasted grain, a hundred cakes of raisins and two hundred cakes of pressed figs, and loaded them on donkeys. 19 Then she told her servants, "Go on ahead; I'll follow you." But she did not tell her husband Nabal.

## I Samuel 25:23-31

#### Abigail approach to David

23 When Abigail saw David, she quickly got off her donkey and bowed down before David with her face to the ground. 24 She fell at his feet and said: "Pardon your servant, my lord, and let me speak to you; hear what your servant has to say. 25 Please pay no attention, my lord, to that wicked man Nabal. He is just like his name—his name means Fool, and folly goes with him. And as for me, your servant, I did not see the men my lord sent. 26 And now, my lord, as surely as the Lord your God lives and as you live, since the Lord has kept you from bloodshed and from avenging yourself with your own hands, may your enemies and all who are intent on harming my lord be like Nabal. 27 And let this gift, which your servant has brought to my lord, be given to the men who follow you.

## I Samuel 25:28-31

28 "Please forgive your servant's presumption. The LORD your God will certainly make a lasting dynasty for my lord, because you fight the LORD's battles, and no wrongdoing will be found in you as long as you live. 29 Even though someone is pursuing you to take your life, the life of my lord will be bound securely in the bundle of the living by the LORD your God, but the lives of your enemies he will hurl away as from the pocket of a sling. 30 When the LORD has fulfilled for my lord every good thing he promised concerning him and has appointed him ruler over Israel, 31 my lord will not have on his conscience the staggering burden of needless bloodshed or of having avenged himself. And when the LORD your God has brought my lord success, remember your servant."

### I Samuel 25:36-38

Abigail goes home in peace to deal with her husband

36 When Abigail went to Nabal, he was in the house holding a banquet like that of a king. He was in high spirits and very drunk. So she told him nothing at all until daybreak. 37 Then in the morning, when Nabal was sober, his wife told him all these things, and his heart failed him and he became like a stone. 38 About ten days later, the Lord struck Nabal and he died

## Power of a Woman

- Proverbs 12:4 "An excellent wife if the crown of her husband, but she who shames him is like rottenness in his bones."
- Proverbs 19:14 "Fathers can give their sons an inheritance of houses and wealth, but only the Lord can give an understanding wife."
- I Peter 3:1 "In the same way, you wives must accept the authority of your husbands. Then, even if some refuse to obey the Good News, your godly lives will speak to them without any words. They will be won over."
- Proverbs 18:22 "He who finds a wife finds a good thing, and obtains favor from the Lord." (NLT) "The man who finds a wife finds a treasure, and he receives favor from the Lord."

## **PRATICAL APPLICATION**

## Act wisely and quickly

Don't let fear or resentment hold you back.

II Timothy 1:7 - For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.

Proverbs 4:7 - The beginning of wisdom is this: Get wisdom. Though it cost all you have, get understanding.

Col 4:5-6 - 5 Be wise in the way you act toward outsiders; make the most of every opportunity. 6 Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone.

## Our words and actions are powerful.

Proverbs 11:9 – "With their words, the godless destroy their friends, but knowledge will rescue the righteous".

Proverbs 15:1 - A gentle answer turns away wrath, but a harsh word stirs up anger.

Proverbs16:24 - Gracious words are a honeycomb, sweet to the soul and healing to the bones.

## She didn't nag her husband.

Proverbs 11:12 - It is foolish to belittle one's neighbor; a sensible person keeps quiet. Proverbs 21:23 - Watch your tongue and keep your mouth shut, and you will stay out of trouble. Eccl 5:2 Do not be quick with your mouth, do not be hasty in your heart to utter anything before God. God is in heaven and you are on earth, so let your words be few.

### It is possible to thrive in difficult circumstances.

Isaiah 41:10: Don't be afraid, for I am with you. Don't be discouraged, for I am your God. I will strengthen you and help you. I will hold you up with my victorious right hand.

Psalm 9:9-10: The Lord is a shelter for the oppressed, a refuge in times of trouble. Those who know your name trust in you, for you, O Lord, do not abandon those who search for you.

John 16:33: "I have told you all this so that you may have peace in me. Here on earth you will have many trials and sorrows. But take heart, because I have overcome the world."

# QUESTIONS/COMMENTS