## WEDNESDAY NIGHT ANNOUNCEMENTS

December 18, 2024

## WE EXTEND OUR LOVE AND SYMPATHY TO

**Arlon and Sharita Clark** 9035 Sweet Blue Jasmine Ln., Humble TX 77338 (4) on the passing of his sister and **David, McKenzie and McKinley's** their aunt, **Jimmitra Clark**. Her arrangements are pending.

**Patrick and Summer Guillory** 329 Burgundy Drive, Alvin, TX 77511 (10) on the passing of his stepdad, **John Price.** His service is Friday, December 20, 2024 at St. Mark's Catholic Church, Services entrusted to Mabrie Funeral Home, 5000 Almeda Rd., Houston, 77004, 713-942-7673.

**Christopher Williams and family** 23302 Campwood Terrace Ln. Katy, TX 77493 (11) on the passing of his sister, **Wendy N. Williams**. Services are 10:00am, Saturday, December 21, 2024 at Westside Church of Christ, 3001 Hynson Springs, Rd. Marshall, TX 75670. Services entrusted to Downs Funeral Home, 4608 Elysian Fields Rd., Marshall, TX 75672.

Janet Haskett Collins and family 7221 Yoe Street, Houston, TX 77016 (4) on the passing of her father, <u>Frank Robert Haskett</u>, and to **Tony Haskett** his uncle. Viewing is 10:00am, Funeral is 11:00am, Saturday, December 21, 2024 at Mount Pilgrim M.B.C., 908 E 32 1/2, Houston, TX 77022. Services entrusted to O.W. Wiley Mortuary 713-681-7475, Repass to be held at the church building.

**DeBraux Wilson and family** 4314 Shalom Creek Ln., Spring, 77388 (6) on the passing of her granddaughter, **Khaleeshi Holden.** Viewing is 2:00pm –3:00pm. Services will be held 3:00pm, Saturday, December 21, 2024 at All Peoples Funeral Home, 13035 Hwy 6, Rosharon, TX 77583. 281-431-4743

**Stephanie Jones and family** 584 Monteagle Dr, Memphis, Tennessee 38109 her mother and to **Whitney Moore** her grandmother, **Harrison Moore** his great grandmother, **Vivian Bond**, Her service is11:00am, Monday, December 23, 2024 at East End Church of Christ in Memphis Tennessee. Services entrusted to Harrison Memorial Chapel, 3320 Millbranch Rd., Memphis, TN. 38116 901-452-7331.

### **ONE COMBINED BIBLE CLASS**

We will have one combined bible class on Wed., December 25, 2024 @ 7:00 PM in the church auditorium.

#### OFFICE CLOSED

**Wednesday—Friday, December 25-27, 2024** Any and All church announcements should be submitted to bulletin@fwcoc.org no later than noon Monday, December 23, 2024 to be entered into Dec. 29th, Sunday's bulletin.

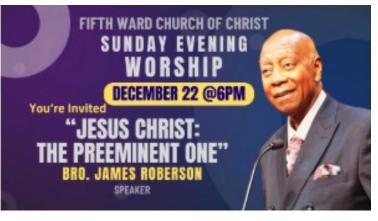
#### MONDAYS LADIES BIBLE CLASS

The Monday Ladies Bible Class will resume on Monday, January 6, 2025

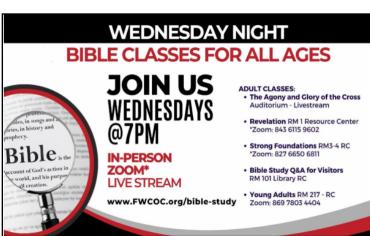
#### COUNSELING REQUESTS

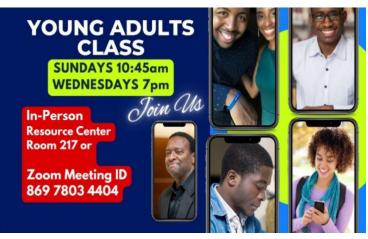
Fifth Ward Church of Christ has partnered with <u>Transformed Therapy</u> for all Christian counseling needs of any nature. For appointments; please call the elder on call at 281-788-5507 www.tranformedtherapy.org

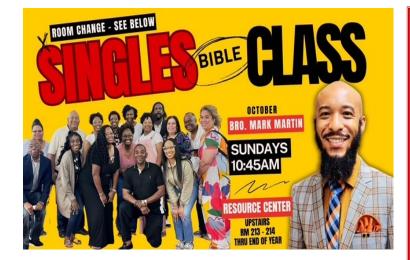
# **UPCOMING EVENTS & NEWS**













## **Month of December**

December is seasonal depression month. Each year, millions of people struggle with Seasonal Affective Disorder (SAD) but may not recognize the symptoms or know how to treat the disorder. SAD occurs most often among young adults but is not limited to that specific age group. For many people, SAD typically occurs in the fall and winter months due to the decrease in daylight hours. This disorder is more common in the Northern Hemisphere and in those who have a history of mental health struggles. Symptoms of SAD include:

- Social withdrawal
- Loss of appetite
- Irritability or anxiety
- Increased sleep (hypersomnia)
- Low energy
- Weight gain
- Depressed mood

Seasonal depression is quite common and if you're experiencing symptoms, it's important to remember that you're not alone and there's nothing to be ashamed of!